# Serenity Coffee

# **COFFEE**

SINGLE ESPRESSO	250
DOUBLE ESPRESSO	300
ESPRESSO MACCHIATO	300
SINGLE CAPPUCCINO	300
DOUBLE CAPPUCCINO	350
SINGLE CAFÉ LATTE	250
DOUBLE CAFÉ LATTE	300
SINGLE LATTE MACCHIATO	300
DOUBLE LATTE MACCHIATO	350
SINGLE CAFÉ MOCHA	300
DOUBLE CAFÉ MOCHA	350
SINGLE AMERICANO	250
DOUBLE AMERICANO	300
FLAT WHITE	300
With Hazelnut or Caramel With Almond and Soy Milk Decaf	+100 +50 +50

TUMERIC LATTE	500
HOT CHOCOLATE	350





# ICED COFFEE

(served with sugar syrup)

MOCHA 450
LATTE 400
AMERICANO 350
CAPPUCCINO 400

SYRUP (vanilla, caramel, hazelnut) +50

### **TEA**

MASALA TEA	350
KENYAN TEA	250
BLACK TEA	150
HIBISCUS TEA	200
DAWA (Ginger, Lemon, Honey & Turmeric)	300
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# GLASS OR MUG OF MILK 250

# **ICED TEA**

BLACK ICED	200
LEMON/LIME ICED	250

BOTTLED STILL WATER	150
SPARKLING WATER	200

#### **JUICES**

Fresh Ginger

BLOOD PURIFIER 450 Cucumber, Beetroot,

Lemon Juice, Apple, Fresh Ginger

RADIANCE 450 Oranges, Carrots, Turmeric,

DETOX JUICE 400
Local Cucumber, Ginger,
Pineapple, Coriander

PINEAPPLE & MINT JUICE **500**Pineapple, Mint, Cucumber, Ginger

PURE JUICE SMOOTHIE 500 Mango, Banana or Pineapple

SUNRISE DETOX

Celery, Pineapple, Oranges, 650 Lemon, Linseed Oil

# BOOCH KOMBUCHA

Be on Top of your Gut and have a daily Booch drink. This special drink is full of good bacteria balancing your intestinal gut ecosystem. Your gut will thank you for infusing this special, yummy, healthy drink giving you optimal health.

BOOCH KOMBUCHA

Blueberry Ginger Oolong Tea

BOOCH KOMBUCHA 500
Raspberry Ginger Oolong Tea

BOOCH KOMBUCHA **500**Strawberry Ginger Oolong Tea

BOOCH KOMBUCHA **550** Elderflower

#### **SMOOTHIES**

DE-STRESS 700

YUMMMM! Your cells will love this super drink.
 Banana, Maca Powder, Cinnamon, Mixed
 Nut Butter and Almond Milk

GLOWING GREEN 500

– this smoothie will make you glow from inside out! Mango, Spinach, Turmeric, A pinch of Pepper, Lemon Juice and Chia

MATCHA BANANA MILK 700

– so good and so energising. Almond Milk, Honey, Matcha Powder, Banana and Vanilla Extract

SUNSHINE 450

– be happy and sunny! Mango, Pineapple, Lime Juice, Vanilla Yoghurt

POWER DETOX 500

– a real energy booster. Pawpaw, Banana, Spinach, Passion Fruit, Coconut Oil, Lemon

SUPER GREEN DETOX 600

– the perfect quick cleanse. Banana, Spirulina Powder, Spinach, Coconut Water







# HEALTHY & HEARTY

350

300

SPINACH BASKET 450

450

HAM & CHEESE BASKET

# **SNACKS**

SNACKS	
PROTEIN BALLS (Dates & Nuts coated in coconut flakes & chocolate powder)	160
ALMOND PROTEIN BALLS (Almonds, Medjool dates, Raw Cacao Powder, Almond Butter, Coconut Oil)	180
RAISIN WHIRL	350
BUTTER CROISSANT	300
CHOCOLATE CROISSANT	350
SLICE OF CAKE	250

BROWNIE 150
SNACK BARS 200

(Granola, Cinnamon, Ginger,
Peanut Butter, Lemon or Salted Caramel)

ENERGY BITES
(Cashew & Ginger, Peanut Protein or Salted Caramel)

TRAIL MIX
(Mango & Pineapple, Cashew & Cranberry
or Raisin & Peanut)

# DETOX & WELLNESS

Detox is a wonderful journey of self-discovery! The process of Detox encourages us to cut down on consumption, realign our bodies and minds and refocuses us on what really matters – our health. It is an opportunity to clear a lifetime of toxic build-ups of pesticides, pollutants, pills, medication, stress and foods that our bodies are not able to break down. To get you started on your detox journey, we have put together a couple of detox ideas which will help you feel lighter, happier, more relaxed and energetic. Let us not forget that it also boosts our immune system immensely. The detox is a real gut cleanser and a healthy gut equals a strong immune system.

#### **DETOX SPECIALS**

ONCE A WEEK SELF-LOVE

THE 3 DAY JUMP START DETOX PROGRAM

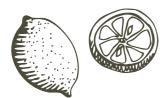
THE 5 DAY EFFECTIVE DETOX

THE 7 DAY FULL REPAIR DETOX

KSHS 22000

KSHS 30000

Visit serenityspa.co.ke/detox-specials for full details of our detox packages.



Talk to our staff to find out more. We want to give you the unique space to feel supported through your detox journey and can build tailor made day spa packages that will match and enhance your Detox journey. Please contact us on detox@serenityspa.co.ke for more information and guidance.

OPENING TIMES:
DAILY: 9AM - 6PM